

COVID-19 RESPONSE POLICY AND PROCEDURE
Traverse City Figure Skating Club
September 29, 2020

The health and safety of our skating family is a priority for the Traverse City Figure Skating Club. In response to recent positive COVID-19 tests received by some of our members, the Club has established the following policy and procedure:

1. Skaters, including students and coaches, who are sick or who have been in close contact with someone who has COVID-19 should stay home and are encouraged to obtain a COVID-19 test.
2. If a skater tests positive for COVID-19, the skater or the skater's parent/guardian should notify TCFSC board member Dr. Jen Palamara, by text message to 231-409-5527, of the name of the skater and the date of the positive COVID-19 test.
3. Dr. Palamara will contact the Grand Traverse County Health Department, 231-995-6801, to report.
4. Dr. Palamara will work with the Club to send a general email notification to Club members, protecting confidentiality.
5. Dr. Palamara will work with Club staff and the health department to identify potential close contacts.
 - What counts as close contact?
 - You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more
 - You provided care at home to someone who is sick with COVID-19
 - You had direct physical contact with the person (hugged or kissed them)
 - You shared eating or drinking utensils
 - They sneezed, coughed, or somehow got respiratory droplets on you
6. Close contacts will be notified by the health department and placed on a 14-day quarantine based on their last exposure. Note that a close contact may obtain a COVID-19 test, but a negative result will not shorten the length of the quarantine period.
7. Close contacts who do not develop symptoms during the quarantine period may return to the ice.
8. Close contacts who develop symptoms will be interviewed by the health department, which will determine any further isolation period. Upon completion of the further isolation period, the skater may return to the ice.
9. Skaters who miss ice time due to illness or quarantine may receive vouchers or refunds for the missed session(s) at their option.