



## 2021 Summer Skating June 21-September 3, 2021

### Ice Schedule

For full information on dates, please see your session calendar on your EntryEeze page.  
The Club reserves the right to cancel sessions if needed.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
	<b>8:10 Open Freestyle</b>		<b>8:10 Open Freestyle</b>		
<b>9:00 Open Freestyle</b>	<b>9:00 Open Freestyle</b>	<b>9:00 Open Freestyle</b>	<b>9:00 Open Freestyle</b>	<b>11:15 Open Freestyle</b>	
<b>9:50 Open Freestyle</b>	<b>10:00 Open Freestyle</b>	<b>9:50 Open Freestyle</b>	<b>10:00 Open Freestyle</b>	<b>12:10 Open Freestyle</b>	
<b>10:50 Open Freestyle</b>	<b>11:00 Open Freestyle</b>	<b>10:50 Open Freestyle</b>	<b>11:00 Open Freestyle</b>	<b>1:05 Open Freestyle</b>	
<b>11:40-12:00 High Edge/Power Class</b>	<b>12:00-12:30 Off Ice Conditioning</b>	<b>11:40-12:00 Low Edge/Power Class</b>	<b>12:00-12:30 Off Ice Conditioning</b>	<b>Please note Friday Sessions are 55 minutes</b>	

#### Class and Session Requirements and Descriptions

<b>Open Freestyle Sessions:</b>	Open to skaters who have passed Basic 3 through Senior FS.
<b>Style and Edge Class:</b>	Class will be split between days for high and low skaters. Class will work on exercises involving edges, turns, and artistry/style. Fee includes coaching. Coached by Ellie. High class is open to those who have passed Pre-Juvenile moves.
<b>Stroking and Power Class:</b>	Class will be split between days for high and low skaters. Class will work on stroking and power exercises. Fee includes coaching. Coached by Laurent. High class is open to those who have passed Pre-Juvenile moves.
<b>Off Ice Conditioning:</b>	A mixture of warm up, abdominal exercises, leg and arm circuits, cardio, and stretch. Please wear tennis shoes and bring a yoga mat. Coached by Lauren Hucek on Tuesdays and Laurent on Thursdays
<b>Class fees:</b> On Ice Classes: \$13/class Off Ice Conditioning Class \$8/class Class Discount: On ice Classes are discounted by \$1 for more than 5 classes and \$2 for more than 9 classes Off Ice classes are discounted by \$1.00/class if the skater is registered for more than 10 classes. Class Discount is also applicable to multiple family skaters (e.g. 2 sibling skaters registering for 1 class/week will be discounted)	

#### Punchcard Package Rates

Sessions during Summer require individual registration (example. you are not just registering for a Monday 9:00 session package but will need to register for each Monday 9:00 session that you intend to skate). Discounts are applied based on the total number of punchcard sessions you purchase for the summer session. Multiple skaters in the same family combine for punchcard discount level.

<b>Punchcard Discount Level 1</b>	24 total sessions over 11 weeks (approximately 2 sessions per week) \$19/session
<b>Punchcard Discount Level 2</b>	40 total sessions over 11 weeks (approximately 4 sessions per week) \$18/session
<b>Punchcard Discount Level 3</b>	70 total sessions over 11 weeks (approximately 6 sessions per week) \$17/session
<b>Punchcard Discount Level 4</b>	100 total sessions over 11 weeks (approximately 9 sessions per week) \$16/session

It is recommended that you purchase Punchcards and pre-register for all sessions in EntryEeze. The non-discounted rate for sessions (e.g. less than 2 sessions/week) is \$20/session. You may go in and purchase the session prior to the start time.

**Your Punch card discount is automatically applied when you put your punch cards in your EntryEeze cart for checkout.**

